



ACTING ESSENTIALS



Build on experience, technique, & fortitude thru the Meisner, Adler, & Strasberg Techniques.

Use the challenge of the Imaginary World to be Emotionally Full & Expressive

Enrich Your:

- ✦ *Individuality*
- ✦ *Spontaneity*
- ✦ *Theatricality*

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1

Utilize Meisner's *Independent Activity* & *Objective* to structure Characters & Performances.

2

Master Adler's *Scene Breakdown* to understand the Character's *Emotional Through-Line*.

3

Experience Strasberg's *Sense Memory* to become in tune with the Character's *Environment & Emotional State*.

